



Superior Dental Care Enrollment Guide





Superior Smiles Start with Superior Dental Care

The SDC dental plan chosen by your employer keeps you smiling for a lifetime...and helps protect your money too!

Regular dental check-ups prevent and detect dental problems *before* they turn into something serious. Preventive services like cleanings and exams can uncover dental issues early so that you can treat them before extensive procedures are required. Avoiding major dental procedures can save you multiple visits to the dentist and thousands of dollars in dental work. Preventive services can even protect your overall health, as some dental problems can reveal more serious health issues.



Superior Smile, Superior Health

Dental coverage through SDC offsets the financial burden of your oral health costs and helps care for your general health. Untreated dental issues can lead to major medical conditions and diseases that can affect your entire body, not to mention costly and painful oral health problems. Over 100 different health conditions can be detected by your dentist at a regular check-up.



Out-of-Pocket Savings

SDC's dental benefits keep you smiling and help protect your money, too! By visiting an SDC network dentist, you save money and also avoid unexpected out-of-network balance billing charges. Most SDC dental plans cover routine dental check-ups, which aid in preventing and uncovering dental issues before they require expensive treatment. If major procedures become necessary, SDC's **Free Second Opinion** gives you the option to get a no-cost second opinion for covered extensive dental treatment plans that include numerous or costly services. SDC even offers savings on non-covered or cosmetic dental services through our **SmileRider** program!



Easy Access to Network Dentists

SDC offers one of the largest networks in the United States to give you access to a participating network dentist or specialist no matter where you live, work or travel. Visiting a network dentist protects you from balance billing (when an out-of-network dentist bills for the difference between their fee for service and SDC's reimbursement amount).



Superior Service

During business hours (*Monday–Friday, 7:30am–5:00pm EST*), you will always speak to an SDC employee with the knowledge and experience to help—never a machine or contracted telephone operator with no connection to SDC.

**Enroll Today To Protect Your Smile
and Support Your Overall Health
and Wellness**



Care for Your Smile,
PROTECT YOUR HEALTH

When not kept under control by brushing, flossing, and regular dental check-ups, bacteria in your mouth may cause gum disease that leads to problems in other parts of your body. Heart disease, strokes, Alzheimer's disease and other health issues have all been linked to oral bacteria that can be controlled by caring for your smile and routine visits to the dentist.

**Dental Check-Ups Go Way
Beyond Your Smile**

During a dental check-up, your dentist can detect much more than just problems with your teeth, including:

Oral Cancer: Lesions in the mouth can be a sign of oral cancer.

Heart Disease: Inflamed gums and loose or missing teeth can be signs of heart disease.

High Blood Pressure: Red, swollen gums can indicate high blood pressure.

Osteoporosis: Accelerated bone loss around teeth may be associated with osteoporosis.

Acid Reflux: Erosion of the enamel on the back of teeth can indicate acid reflux.

Diabetes: Discolored gums that pull away from the teeth, bad breath and dry mouth can signal diabetes.

Sleep Apnea: Dry mouth, red inflamed gums and increased rate of decay or wear on the teeth can signal sleep apnea.

Kidney Disease: Sweet-smelling breath can be a sign of kidney disease.

Crohn's Disease: Swelling and lesions in the mouth are early signs of Crohn's disease, an inflammatory bowel disorder.

Convenient Online Access

Easy-to-use online tools and resources give you quick access to your plan information.



ONLINE ACCESS

Superior Direct Connect, our secure online account management system, allows you to view benefit levels, check claim status, make changes to contact information, view and print EOB's (Explanation of Benefits), print a temporary ID card, request a new ID card and more.



FIND-A-DENTIST

Available from any page at **SuperiorDental.com**, our Find-A-Dentist tool allows you to find a network dentist near you or quickly determine if your current dentist participates in SDC's network.



SDC MOBILE

Our app, SDC Mobile, provides you 24/7 access to your Mobile ID card and more! Through the app, ID cards can be printed, saved to photos, and even sent via text or email to covered dependents. You can also view plan information, see claims, find a participating network dentist, and call or chat online with an SDC member service representative.

SDC Mobile is available for iOS through the Apple App Store and for Android™ devices on Google Play™—search "Superior Dental Care".



ONLINE CHAT

Communicate directly with SDC's in-house support from our website at **SuperiorDental.com** or the mobile app.

We Keep You Smiling
for a Lifetime



SuperiorDental.com | 1-800-762-3159 |     